

The Cobbles
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Dear Parents/Carers,

We have recently introduced a new PSHE (Personal, Social, Health and Economic Education) curriculum using a scheme called **Jigsaw**, which we hope you have heard your children talking about. This letter will explain a little more about it so that you are able to support your child at home with the topics that they are learning in school.

PSHE Education is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives – now and in the future. As part of a whole-school approach, PSHE Education develops the qualities and attributes children need to thrive as individuals, family members and members of society.

The Jigsaw Approach has mindfulness underpinning it. This means that as well as teaching information and skills to empower children to learn now, and improve their life-chances later, we also aim to help them develop personal awareness. This enables them to observe their own thoughts and feelings, regulate them and make conscious decisions about their learning, behaviour and lives. It helps them remain focused on the present moment, enjoy it and thrive in it.

Jigsaw brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Teaching strategies are varied, mindful of preferred learning styles and the need for differentiation, whilst continuing to keep our Christian Faith at the heart of all that we do.

Please find attached a leaflet explaining a little more about Jigsaw and information about the themes covered in each year group. Further information can also be found on the school website.

Yours sincerely,

Sharon Dean
Head Teacher

Jason Haslam
Deputy Head Teacher

Whatever you do, work at it with all your heart, as working for the Lord. Colossians 3:23

